**EXECUTIVE SUMMARY**

**Project Objective**

The objective of the Environmental Scan of Programs and Services Serving Indigenous Peoples in Regina Projects is to conduct a research study to discover analyze all programs and services that serve Indigenous Peoples (First Nations, Metis, and Inuit) in Regina, Saskatchewan.

Specifically, the project will focus on:

* Provide a demographic snapshot of the Indigenous community in Regina.
* Provide a comprehensive inventory of programs and services used by Regina’s Indigenous community.
* Capture the preferences of Indigenous human services consumers in terms of accessibility and quality of service.
* Provide human service providers with information to avoid the duplication of services and identify gaps in services.
* Influence policy as it pertains to the Indigenous community and the provision of programs and services through community-based organizations and government agencies.

This pilot project will be the first of its kind for the Regina community. There have been similar projects conducted in the past by Saskatoon and a similar project currently being conducted by the Reconciliation Coalition in Prince Albert. There is potential for collaboration among the Saskatoon, Prince Albert, and Regina Coalitions to use the results to develop a framework and training modules to be utilized by other communities and coalitions across Canada.

The project is based on a holistic approach, grounded in the Aboriginal Life Promotion Framework (ALPF) developed by Dr. Judith Bartlett. The ALPF is a holistic tool used for organizing and thinking about life, health, and wellness. Based on medicine wheel teachings, the framework uses sixteen important areas of like to organize thoughts, ideas, and information. Health and wellness occur when there is balance between the different elements. The framework can be presented as a medicine wheel, an infinity symbol or a grid. The Reconciliation Regina project team will receive training on the framework by Prairie Wild Consulting in Saskatoon. After training, the framework will then be used by the project team to identify and organize information about Regina’s Indigenous community, to sort information collected from consultations with Indigenous and non-Indigenous community members, to identify opportunity for further information gathering, and to guide the presentation of the findings.

**Project Methodology**

This project is divided into 5 phases. The details of each phase can be found in the original grant application Indigenous Community Profile

1. Indigenous Community Profile
2. Program and services inventory
3. Program and Services Used Survey
4. Elders and Traditional Knowledge Keepers Gathering
5. Aboriginal Life Promotion Framework Community Workshop

**Outcomes**

Based on the project findings, this project is expected to generate a number of key recommendations that focused on enhancing the well-being of the Indigenous community in Regina. Based on preliminary research conducted for this proposal, expected recommendations will be focused on Indigenous employment levels and building cultural competencies within organizations, Indigenous focused housing initiatives and more partnerships and collaborations with organization across the community, policy focused recommendations for municipal and provincial government, and recommendations focused on identified gaps in programs and services in the community.

This project will also build awareness around the need for alignment of these program and services with Indigenous culture, beliefs, values, and day-today realities. This research project will also create significant dialogue throughout the community that will help increase Indigenous people’s access to available programs as well as encourage investment and support for those programs that are making a difference in the community.